

LUNCH MENU

STARTERS/LIGHT BITES

Soup of the Day $(C)(V)$ Served with Crusty Breads	4.20
Meyler's Natural Smoked Haddock & Seafood Chowder	6.90
Dijon Mustard & Worcestershire Crispy Chicken Salad Served with Brazil Nuts, Grapes & Orange Segments on Baby Gem Lettuce	8.90
Baked St. Killian with a Honey Oats and Nut Crumble (V) Beetroot Carpaccio, Black Cherries & Ginger Compote	8.90
Crock of Meyler's Mussels (C) In a Rich Tomato Sauce with Chorizo Cubes Served with Sea Salt Rustic Garlic Bread	8.90
Deep Fried Spring Rolls Filled with Philadelphia Cheese And Grilled Chicken Pieces Served with Baby Tomatoes, Olives and a Mango Dip	6.90
Red Pepper, Ardsallagh Goats Cheese & Mushroom Quiche (V) Served with Red Onion Marmalade and Organic Salad	8.90
MAINS	
Seafood Mornay with Spinach Gratinated with Wexford Vintage Cheddar (C)	11.00
Topped with a Poached Egg and served with Champ Mash	11.90
Fresh Pasta of the Day	10.50
'TMT' House Smoked BBQ Steak Sandwich With Crème Fraiche, Flat Mushroom, French Fried Onion and Hand Cut Chips	12.90
Grilled Salmon Steak (C) Served With Salad of Warm Baby Potatoes, Black Pudding, Baby Gem Lettuce, Bacon and a Pineapple Salsa	12.50
Slow Cooked Duck Leg Confit with a Soy Tossed Cabbage Stirfry (C) With Bamboo Shoots & Water Chestnuts on A Bed Of Sweet Potato Puree	11.50
Black Board Special of the Day	10.00
Lunch Chins	2.00



SANDWICHES/PANINI €6

Toasted Special

Baked Ham, Wexford Cheddar Cheese, Tomato & Onion (Triple Decker)

Club Sandwich

Grilled Chicken, Hard Boiled Egg, Streaky Bacon, Lettuce, Tomato & Mayo (Triple Decker)

BLT

Streaky Bacon, Lettuce, Tomato & Mayonnaise (Triple Decker)

Smoked Turkey Breast and Tarragon Stuffing

With Cranberry Mayo

Meyler's Smoked Salmon (Served on Cooney's Wholemeal Bread) Horseradish Cream Cheese & Pickled Dill Cucumber

'TMT' SPECIAL OFFER

SOUP of the DAY & choose one of the above SANDWICH ONLY

All sandwiches or Panini's served with Hand Cut Crisps

DESSERTS €6.00

Classic Vanilla Bean Crème Brûlée **Choux Bun with Galliano Ricotta**

Toblerone Sauce and Orange & Hazelnut Icecream

Warm Chocolate Brownie

Apple and Blackberry Crumble

With Chocolate Sauce & Vanilla Icecream

With Vanilla Icecream

'TMT' Cheese Board €8.90

Selection of Irish & European Cheese with House Chutney & Crackers