



flapjack, shortbread or a gluten free chocolate & goji berry bar [1,3,5,7,8,11]

TASTE THE DIFFERENCE

At The Ballymore Inn we buy only the best quality fresh produce & cook your food to order. We bake our bread twice a day, make our pizza dough, tarts, biscuits, ice cream, fries, dressings, sauces, soups using only fresh herbs & spices. Plus homegrown garden produce in season.

INGREDIENTS

We only use freerange Irish chicken & source our beef, lamb, pigmeat & eggs from quality assured Irish farms & Duncannon fresh Irish fish, Wexford. Guided by principles of sustainability

COOKBOOK

The Ballymore Inn cookbook available to purchase. Now you can bring a piece of The Ballymore Inn home with you.

€20 or €10 when you spend €50

S ₁	pecial Mon-Fr	lunch c i until	on the i 5pm]	run	[1	, <i>3,5,7</i> ,8,	,9,11]		€1.	2.85
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Ham & cheese toastie on homemade bread & soup of the day

Fresh juices €4.80

Orange & pink grapefruit / Apple & fresh ginger



Soup of the day [1,3,7,9,11] Made fresh every day & served with sourdough	€7.50
Chicken liver pâté [1,7,8,10] Our famous in-house pâté with seasonal fruit chutney	€12.85
Crispy squid [1,14] With tomato & chilli oil	€13.50
Spicy chicken wings [7] With crème fraîche & garlic dip	€13.25
Hummus with pickled cucumber & kimchi [1,4,10,11] Made with cumin spice, served with warm flat bread	€12.10
Chinese pear & spiced pecan salad [7,8,10,11] With a creamy Cashel blue dressing	€11.00
House salad of the day Ask server	€11.00
Prawn tempura [1,2,3,10] With slow roast tomato aioli	€17.15

NICE & SPICY

Thai green chicken curry [1,4,5,11]

Grilled Toulouse sausages & champ [7,12]

With spicy red wine & onion gravy



€19.30

€18.25

Made with whole spices and fresh green chillies	
Sìchuān pork & pickled ginger stir fry [4,6] Thinly sliced pork cooked with Chinese spices	€19.30
Prawn linguine [1,2,3,12] Cooked with garlic, fennel, cherry tomatoes & chilli	€24.20

STEAK BAR

[West Cork 28 day dry aged beef]



200g Fillet medallions [6,10,12] €31.70
Chargrilled fillet medallions with grilled aubergine,
& harissa dressing

150g Sirloin steak salad [6,10] €21.45
Sliced sirloin steak with avocado, crispy potatoes
& pickled red onion

150g Sirloin steak sandwich [1,3,10] €21.45
Chargrilled sirloin steak on grilled sourdough with homemade ketchup & balsamic onions

MAINS



Duncannon fish of the day
Ask server

Irish beef burger [1,3,7,11]
Chargrilled beef burger with melted Farmhouse
Cheese, sweet tomato relish, salad leaves, all on a homemade sesame bap served with fries

Duncannon fish & chips [1,3,4,10]
Fresh fillet of cod fried with pea puree & homemade tartare sauce

€19.75

With déise honey & lemon dressing

With chargrilled freerange chicken & a side order

€19.30

Duncannon fillet of salmon [1,4,7]

With crispy courgettes, lemon sauce & tomato relish

Avocado, orange & pecan salad [8,10,11]

Charcuterie plate [1,7,8,10]
With homemade chicken liver pâté, salami & Serrano ham
Fresh herb falafel & naan bread [1,10,11]
€17.15

With shredded cabbage salad & green tahini sauce

Saffron risotto [7] €21.45

With wild mushrooms, rocket & basil oil

Lamb bolognese [1,3,7,11] €19.90
With garlic naan bread

Chargrilled chicken salad [3,8,10,11] €19.30
With cashew nuts, grapes & herb dressing

One of the following is included with your main,
Homemade fries/Onion rings/Stirfry vegetables
Creamy champ/Boiled rice/Saute potatoes [1,3,7,10]
Extra portion

€4.25

€5.35

€13.30

SIDES



Chinese noodles with chilli oil/ Chargrilled seasonal vegetables with parmesan & olive oil [7]

Salad greens & vine tomatoes with basil & toasted hazelnuts [8,10,11] €6.40

SPECIALS &
FISH OF THE DAY
[See Blackboard]

VEGETARIAN, VEGAN & CHILDRENS MENUS AVAILABLE

ALLERGENS