

NOODLE DISHES

All noodle dishes served dry or with sauce except for Singapore Vermicelli.

MIXED VEGETABLE NOODLES	€13.00
CHICKEN NOODLES	€15.00
<i>Fresh whole sea bass or sole steamed with ginger and spring onion.</i>	
SINGAPORE VERMICELLI	€8.00; €17.00
<i>served dry only, small or large.</i>	
BEEF NOODLES	€18.00
PRAWN NOODLES	€18.00
EATZEN SPECIAL NOODLES	€18.00

SIDE DISHES

CHIPS	€3.00
STEAMED RICE	€3.00
FRIED RICE	€4.00
FRIED NOODLES	€5.00
EGG WHITE FRIED RICE	€6.00
<i>A healthy light option prepared with egg white</i>	
SPECIAL FRIED RICE	€6.00
STIR FRIED MIXED VEGETABLES	€6.00
STIR FRIED ASPARAGUS	€6.00
STIR FRIED CHINESE VEGETABLES	€8.00
<i>Gai Lan, also know as Chinese Broccoli</i>	



At Eatzen we combine a fresh and sophisticated approach to chinese cuisine with the richness of the classic imperial kitchen. Eating together and enjoying the moment is as important to us as the quality and authenticity of our ingredients.

food for happiness



SOUPS

SPINACH SOUP GF	€5.00
<i>A blend of fresh baby spinach leaves, carrots, choy sum & egg white</i>	
CORN & CHICKEN SOUP GF	€5.00
<i>Fresh from our kitchen every day</i>	
WONTON & CHICKEN SOUP GF	€6.00
<i>Sliced chicken & dumplings filled with minced prawns & water chestnuts</i>	
HOT & SOUR SOUP GF	€7.00
<i>A spicy szechuan favourite made with chicken, prawns & sliced tofu</i>	

STARTERS

THAI VEGETABLE ROLL	€6.00
<i>Prepared daily and stuffed with rice vermicelli, carrots & taro</i>	
YUK SUNG OR CHICKEN SUNG GF	€8.00
<i>Finely minced and spiced pork or chicken in a crisp lettuce wrap</i>	
SATAY SKEWERS, CHICKEN OR BEEF	€7.00
<i>Generous slices grilled on bamboo skewers & served with peanut sauce</i>	
BARBEQUE SPARE RIBS	€8.00
<i>Roasted with a sweet and savoury sauce unique to our kitchens</i>	
SALT & CHILLI CHICKEN, PRAWN OR SQUID GF	€9.00
<i>Deep fried and heavily spiced, on a bed of crispy vermicelli</i>	
CHICKEN OR PRAWNS IN MALAY SALAD SAUCE	€8.00
<i>Delicately coated pieces on crispy noodles with a fruity, sweet sauce</i>	
ZEN TRINITY	€10.00
<i>Spare rib, satay chicken skewer & thai veg roll platter</i>	
1/4 AROMATIC DUCK	€15.00
<i>Served with pancake wraps, cucumber, spring onion & hoisin sauce</i>	
NOODLE WRAPPED JUMBO PRAWNS	€10.00
<i>Cocooned in extremely fine pastry noodle and sweet chilli sauce</i>	

BEEF DISHES

MANGO BEEF GF	€20.00
<i>Stir fried strips of Irish beef with fresh mango.</i>	
PAN FRIED BEEF FILLET WITH GARLIC & SESAME OIL	€22.00
<i>Tender beef fillet pan fried in sesame oil and garnished with chopped garlic</i>	
TENDER CHILI BEEF GF	€20.00
<i>Tender slices of beef cooked in a home-made chilli sauce with vegetables</i>	

LAMB DISHES

SPRING ONION LAMB BEIJING STYLE	€24.00
<i>Stir fried lamb cutlet in oriental spicy sauce.</i>	
PAN FRIED LAMB CHINESE STYLE	€24.00
<i>Rack of lamb pan fried in mint sauce.</i>	

CHOOSE YOUR CURRY STYLE

THAI GREEN CURRY
THAI RED CURRY
MALAYSIAN RANDANG CURRY

THEN CHOOSE YOUR CURRY TYPE

CHICKEN FILLET	€17.00
BEEF FILLET	€20.00
KING PRAWN	€20.00
LAMB	€24.00
VEGETABLE	€17.00

SEAFOOD DISHES

CHAMPAGNE SILVER SNOW FISH GF	€32.00
<i>Chilean sea bass from deep Antarctic waters grilled in a fine champagne sauce.</i>	
PAN FRIED SOLE GF	€34.00
<i>Served with ginger and spring onion.</i>	
STEAMED SEA BASS OR SOLE GF	€32.00; €34.00
<i>Fresh whole sea bass or sole steamed with ginger and spring onion.</i>	
DEEP FRIED SEA BASS OR SOLE GF	€33.00; €35.00
<i>Served with salt and chili.</i>	
BLACK FILLETS OF SOLE PORTUGUESE STYLE	€34.00
<i>With onion, carrot and mushroom in light creamy coconut sauce</i>	
STIR FRIED SEA BASS OR SOLE	€33.00; €35.00
<i>With a choice of:</i>	
<i>Ginger & spring onion GF</i>	
<i>Asparagus and black pepper sauce</i>	
<i>Courgettes & homemade XO chilli sauce GF</i>	

BEEF DISHES

SATAY BEEF FILLETS	€20.00
<i>Sliced and cooked in a creamy peanut sauce.</i>	
SZECHUAN BEEF FILLETS GF	€20.00
<i>Stir fried with chilli, ginger and spicy herbs.</i>	
FILLET OF BEEF IN BLACK BEAN SAUCE	€20.00
<i>Silced and stir fried in a rich bean sauce.</i>	
FILLET OF BEEF IN THAI CHILI PASTE	€20.00
<i>Stir fried slices of beef cooked in a hot bean paste.</i>	
FILLET OF BEEF WITH BLACK PEPPER SAUCE	€20.00
<i>Diced and stir fried with celery and water chestnuts.</i>	
PEKING BEEF FILLET	€20.00
<i>Pan fried fillet steak in a sweet fruity sauce.</i>	
THAI FILLET OF BEEF	€20.00
<i>Beef fillet cooked in an unique Thai tamarind sauce.</i>	

SET DINNER

€45.00
Per Person

CORN & CHICKEN SOUP **GF**

EATZEN PLATTER

Spare ribs, skewer chicken satay & thai vegetable roll

HOT & SPICY SZECHUAN CHICKEN **GF**

FILLET OF BEEF IN PEKING SAUCE

CHINESE ROAST DUCK **GF**

SPRING ONION LAMB BEIJING STYLE **GF**

STIR FRIED PRAWNS & ASPARAGUS IN BLACK PEPPER SAUCE

EATZEN MALAYSIAN RENDANG CURRY

SWEET & SOUR CHICKEN **GF**

FILLET OF BEEF IN BLACK BEAN SAUCE

SATAY PRAWNS

MANGO DUCK **GF**

CHICKEN LEMON & PLUM SAUCE **GF**

FILLET OF BEEF IN PATONG SAUCE

CHICKEN IN MONGOLIAN SAUCE **GF**

KING PRAWNS IN MALAY SALAD SAUCE **GF**

DUCK WITH LEMONGRASS **GF**

BOILED RICE

FRIED RICE

CHIPS

FRIED NOODLES

DESSERT

COFFEE OR TEA



ALL FRESH INGREDIENTS ARE IRISH AND ALL OUR FOOD IS MSG FREE
GF GLUTEN FREE | PLEASE ASK IF YOU HAVE ANY SPECIAL DIETARY REQUIREMENTS



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DUCK DISHES

MANGO DUCK GF	€19.00
<i>Sliced roast duck with fresh mango.</i>	
TRADITIONAL CHINESE ROAST DUCK GF	€19.00
<i>Prepared by our head chef and cooked in a unique soya sauce.</i>	
THAI CHILI DUCK GF	€19.00
<i>Roast duck with stir fried vegetables in sweet chili.</i>	
DUCK WITH LEMONGRASS GF	€19.00
<i>Premium quality duck with Thai herbs and mixed vegetables.</i>	

CHICKEN DISHES

SZECHUAN CHICKEN GF	€17.00
<i>Fresh irish chicken stir fried with chilli and spicy herbs.</i>	
CHICKEN AND PEPPER IN BLACK BEAN SAUCE	€17.00
<i>Sliced and stir fried in a rich bean sauce.</i>	
SWEET & SOUR CHICKEN GF	€17.00
<i>Tender chicken diced and cooked with the kitchen's own sauce recipe.</i>	
SATAY CHICKEN	€17.00
<i>Sliced and cooked in a creamy peanut sauce.</i>	
DICED CHICKEN WITH FRESH MELON GF	€17.00
<i>Diced chicken and cashew nuts served in a sweet and aromatic galia melon.</i>	
THAI CHILI CHICKEN GF ON REQUEST	€17.00
<i>Wok fried chicken in a crispy noodle basket.</i>	
CHICKEN IN MONGOLIAN SAUCE GF	€17.00
<i>Stir fried in a rich butter sauce with chili.</i>	
CHICKEN IN LEMON & PLUM SAUCE GF	€17.00
<i>Whole fillet breasts pan fried in a rich homemade lemon and plum sauce.</i>	
MALAY SALAD SAUCE CHICKEN GF ON REQUEST	€17.00
<i>Delicately coated chicken served on crispy noodles with a fruity, sweet sauce.</i>	
CHICKEN IN BIRD'S NEST BANANA LEAVES GF ON REQUEST	€17.00
<i>Wok fried strips of chicken and peppers in a noodle nest.</i>	
CHICKEN WITH MANGO GF	€17.00
<i>Stir fried and cooked with fresh mango</i>	
CHICKEN IN SPICY BEAN SAUCE GF	€17.00
<i>Chicken stir fried in spicy yellow bean sauce.</i>	

SHELLFISH DISHES

SZECHUAN KING PRAWNS GF	€20.00
<i>Stir fried with chilli and spicy herbs.</i>	
KING PRAWNS IN SATAY SAUCE	€20.00
<i>Stir Fried in creamy peanut sauce.</i>	
KING PRAWNS & ASPARAGUS	€20.00
<i>Stir fried king prawns and asparagus in a black pepper sauce.</i>	
KING PRAWNS WITH FRESH GARLIC GF	€20.00
<i>Steamed king prawns with fresh crushed garlic.</i>	
KING PRAWNS WITH GREEN PEPPERCORN GF	€20.00
<i>Stir fried king prawns garnished with green peppercorn and garlic flakes.</i>	
KING PRAWNS IN THAI CHILI SAUCE	€20.00
<i>Stir fried king prawns cooked in a hot bean paste.</i>	
SWEET & SOUR KING PRAWNS GF	€20.00
<i>Cooked with the kitchen's own sauce recipe.</i>	
KING PRAWNS IN MALAY SALAD SAUCE GF ON REQUEST	€20.00
<i>Delicately coated pieces served on crispy noodles with a fruity, sweet sauce.</i>	
FRIED JUMBO PRAWNS GF	€24.00
<i>Deep fried in butter and garnished with curry leaves.</i>	
SALT & CHILI SQUID OR PRAWNS GF	€20.00
<i>Deep fried and heavily spiced, served on a bed of crispy vermicelli.</i>	
HAWAII NUTS WITH PRAWNS GF	€20.00
<i>Stir fried king prawn hawaii nuts, celery and sweet peppers</i>	
STEAMED SCALLOPS GF	€22.00
<i>Seasoned with fresh crushed garlic or black bean sauce.</i>	
SCALLOPS & COURGETTES IN CHILI SAUCE GF	€22.00
<i>Wok fried with Eatzen's homemade XO chilli sauce.</i>	