

BREAKFAST MENU

(Served until 12 Midday)

Scones/Croissant/Pastries

Served with Butter, Follain Jam & Cream

€ 2.50 (G,E,M,N,Se)

Homemade Granola

With Honeyed Oats, Toasted Seeds & Nuts, Dried Fruits, Served with a Selection of Fresh Berries & Yogurt

€ 6.50 (Se)

American Style Pancakes

Nutella & Marshmallows

€ 6.95 (E,M,G)

Fresh Fruit & Natural Yogurt

€ 7.50 (E,M,G)

Crispy Bacon & Maple Syrup

€ 7.50 (E,M,G)

Scrambled Eggs & Bacon

With Crispy Bacon, House Relish, Toasted Rustic Bread

€ 7.50 (M,E,G)

Eggs Benedict

With Poached Eggs on Smoked Salmon or Crisp Bacon on toasted rustic Bread with Hollandaise

€ 8.50 (E)

Homemade Tournafulla Black Pudding Potato Cakes

With Crisp Bacon, Poached Egg & Red Onion Marmalade

€ 8.95 (G,E,So)

Breakfast Sandwich

Walsh's Sausages, Rashers, Fried Egg, Relish in a Soft Bap with Fries

€ 8.50 (G,E,M)

Old Barracks Mini Fry

With Walsh's Sausage, Crisp Bacon, Egg, Pudding & Sautéed Potato Toast/Brown Bread

Includes Tea/Coffee

€ 9.00 (G,E,Su,So)

Old Barracks Big Breakfast

With Walsh's Sausage, Two Rashers, Egg, Black & White Pudding, Mushrooms, Tomato, Sautéed Potatoes & Beans, Toast/Brown Bread

Includes Tea/Coffee

€ 10.50 (E,G,Su,So)

Veggie Breakfast

Sautéed Baby Potatoes, Mushrooms, Roast Red Peppers, Grilled Tomato, Avocado, Baby Spinach & Eggs, Toast/Brown Bread

Includes Tea/Coffee

€ 10.50 (E,G,Su)

LIGHT BITES & SALADS

Soup of The Day

Market Fresh Soup of the Day Served with Old Barracks Brown Bread
€ 5.50 (G,E)

Homemade Seafood Chowder

Served with Old Barracks Brown Bread
€ 6.50 (G,F,M,E)

Healthy Lemon Chicken Salad

Healthy Warm Lemon & Rosemary Chicken Salad with Dressed Baby Salad Leaves, Roasted Sweet Potato, Creamy Greek Feta, Toasted Cashew Nuts & Seeds
€ 10.95 (N,Se,Su)

Salad of the Day

Always fresh and inspired by the season (See Specials)
€ 11.95

Hazelnut Crusted Goats Cheese Salad

Warm Crusted Goats Cheese on a Balsamic Dressed Baby Leaf Salad of Roasted Beetroot, Pear, Honeyed Walnuts & Seeds
€ 9.95 (N,G,Se)

Falafel Salad

Crunchy Falafel Salad with a Beetroot Hummus, Fresh Tomato & Coriander Salsa, a Creamy Lemon & Herb Yogurt Dressing Served with Flat Breads
€ 9.95 (M,G,Se)

Thai Style Fish Cakes

Served with Crisp Salad & Sweet Chilli Sauce
€ 9.00 (G,F,Su)

HAVING A PARTY OR EVENT? WE CATER!

Ask your server for details or visit our website

www.oldbarracks.ie
& find us on facebook



tripadvisor®

'No. 1 Restaurant in Athenry' as voted by Tripadvisor!
Please note your table number for payment at till

GOURMET SANDWICHES & SIDES

Bacon Avocado & Brie Melt

Crisp Rashers, Avocado, Brie & Beef
Tomato, Lettuce & Mayo on a toasted
Sourdough with Chunky Fries
€ 9.50 (G,M,Su)

Friendly Farmer Chicken, Ham & Stuffing Wrap

Free range Chicken, local Ham and
homemade Stuffing bound in a light
Mayo with Spring Onion, Rocket,
Coleslaw & Chunky Fries
€ 9.95 (G,E,M)

BBQ Pulled Pork Ciabatta

Pulled Pork on a handmade Ciabatta
with Cajun Mayonnaise, crunchy Salad
& Kimchi Carrot Slaw served with Piri-
Piri Fries
€ 9.95 (G,M)

Vegan friendly Breads available

Combo of the Day!

Today's Sandwich special with a cup of
Soup
€ 8.95 (G,E,M)

Old Barracks Steak Sandwich

Tender Angus Steak served with
Toasted Sour Dough with Wholegrain
Mustard, Cheese, Crispy Onions,
Coleslaw & Chunky Fries
€ 11.95 (G,M,Su)

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SIDES

Crispy Local Leaf Salad (Su)

Market Vegetables (Su)

Piri Piri Fries (G)

Chunky Fries (G)

Sweet Potato Fries (G)

€ 3.00 each

**“Lodge @ The Old Barracks”
Luxury Guesthouse in the Heart of Athenry,
Find us at www.ldbarracks.ie**

**We can now take Visa/Laser Card Payments at your table
or
Please take note of your Table Number for Payments at Till**

MAIN DISHES

Roast of the Day (Ask Server)

Always from our local butcher and Served with today's Potatoes, Seasonal Vegetables, Red Wine Jus

€ 12.50

Old Barrack's Angus Beef Burger

On a Sourdough Bun with Cheddar Cheese, Lettuce, Onion, Tomato & Mayonnaise Served with Chunky Fries, Coleslaw & Relish (Add Bacon € 1.00)

€ 12.50 (G,M,E)

Mediterranean Chicken Fillet Burger

Grilled fillet of Chicken on a Sourdough Bap with Mozzarella, Lettuce, Sundried Tomato & Pesto Mayonnaise served with Chunky Fries

€ 11.95 (G,E,M,N)

Roast Fillet of Salmon

Fillet of Salmon on a sauté of baby Potatoes, diced Chorizo, garden Peas, baby Spinach, fresh Lemon & Herb Oil

€ 12.50 (E,G,Se,Su)

Cod & Chips

Delicious Fillet of Cod in a Homemade Crunchy Crust with Crisp Salad, Lemon Wedge, Chunky Fries & Tartar Sauce

€ 12.95 (M,G,E,F)

Asian Crispy Beef Stir-fry

Tender marinated strips of Brady's Beef with crispy Vegetables & Noodles stirfried in Sesame Oil, Soy sauce, Sweet Chilli, Garlic & Coriander with toasted seeds

€ 11.95 (E,G,Se,Su,G)

Pasta of the Day (Ask Server)

Freshly prepared Pasta of The Day topped with Freshly Shaved Parmesan and Garlic & Herb Ciabatta

€ 10.95 (G,E)

Chicken Special of the Day

Chicken Dinner of the Day, see our specials board or ask your server

€ 11.50

Homemade Quiche of the Day

Tartlet of Vegetarian Quiche in a Light Shortcrust Pastry Served with Today's Salad, Coleslaw & Fries

€ 10.50 (G,M,E)

“Venue @ The Old Barracks” Fully Licensed Private Party Room

Email us at info@oldbarracks.ie for more information

DESSERTS

€4.95 Each

Rocky Road

Old Barracks Favourite Belgian
Chocolate with Biscuit & Mallow

Classic Lemon Tart

Crisp Short crust Pastry Filled with a
Rich Lemon Curd

Warm Apple Crumble

Classic 'Old Barracks' Apple Crumble

Pear, Chocolate & Almond Tart

Old Barracks Bakewell Tartlet of Fresh
Pear, Rich Chocolate & Almond Flakes

Malteser Cake

Malt Flavour Sponge, Filled and
Covered with a Malt Butter Icing,
Decorated with Maltesers

Warm Chocolate Brownie

Rich Belgian Chocolate All Butter
Brownie

Fresh Fruit Pavlova

Seasonal Fresh Fruits & Cream on a
Mallowy Meringue Base

Chocolate Fudge Cake

3 Layers of Rich Chocolate Cake

Toblerone Cheesecake

Our Signature Dessert. Light Biscuit
Base, Hint of Irish Cream & Generous
Toblerone Filling

Banoffi Pie

Crispy Biscuit Base with Sticky
Caramel, Real Bananas & Fresh Cream

Raspberry & Almond Tart

Old Barracks Bakewell Tartlet of
Fresh Raspberries, Homemade Jam &
Almond Flakes

Gluten Free Cheesecake

Ask server for flavour of the day

FOR THE KIDS

Gingerbread Men/Rice Krispie Bun/Ice
Cream with Chocolate Sauce

€ 1.00 - € 2.00

All of our Desserts Served with
Freshly Whipped Cream or Vanilla Ice Cream

Please ask a member of staff for a full list of Dessert Allergens

HOT BEVERAGES

Tea	€ 2.20
Herbal Tea	€ 2.50
Mint / Earl Grey / Lemon / Green Tea Chamomile / Red Fruits	
Americano	€ 2.40
Flat White (M)	€ 2.80
Latte (M)	€ 2.80
Cappuccino (M)	€ 2.80
Mocha (M)	€ 3.00
White Choc Mocha (M)	€ 3.00
Single Espresso	€ 2.20
Double Espresso	€ 2.80
Hot Chocolate	€ 3.00
White Hot Chocolate	€ 3.00
Add Extra Shot	€ 0.50
Add Hazelnut / Caramel / Vanilla Syrup	€ 0.25

ALLERGENS

Please advise your server of any special dietary requirements, including intolerance and allergies. Where possible, our trained staff will advise you on alternative dishes. However, while we do our best to reduce the risk of cross contamination in our restaurant, we CANNOT guarantee that any of our dishes are free from allergens and therefore cannot accept any liability in this respect.

G = Contains Gluten
C = Contains Crustaceans
E = Contains Eggs
F = Contains Fish
P = Contains Peanuts

So = Contains Soya
Su = Contains Sulphur
Dioxide & Sulphites
M = Contains Milk
N = Contains Nuts

COLD DRINKS / BEER / WINE

Bottled Beer

Coors Light (Su) / Corona (Su)
Bulmers (Su) € 4.50
Galway Ale / Galway Stout /
Craft Beers € 5.50

Wine by the Glass / Bottle

Extensive Wine and Craft Beer List
available, please ask your server

Soft Drinks

Coke / Diet Coke / 7up / 7up-Free
Orange / Kid's Juice
€ 2.00

San Pellegrino

Lemon / Orange / Grapefruit
€ 2.50

Mineral Water

Still (Su) / Sparkling (Su)
Large Bottle € 3.50
Small Bottle € 2.00

Cel = Contains Celery
Mu = Contains Mustard
Se = Contains Sesame Seeds
L = Contains Lupin
Mol = Contains Molluscs