FORCHETTA

DINNER MENU

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There is great variety in a country of Italy's size; it is about 750 miles from the Alpine peaks of the north to the toe of the "boot". The country also has two large islands, Sicilia and Sardinia. It's changing geography from north to south results in a fascinating profusion of different foods as well as the rich palate if Italian wines.

Food in Italy means pure enjoyment, daily celebrated as a feast for the senses, in the company of family or friends, at home or in a good restaurant.

- Claudia Piras -

Buon Appetite

Antipasti - Starters

Antipasto all' Italiana per Due (Serves 2) €18.95
milano salami, parma ham, mozzarella, smoked salmon, pickled vegetables, olives, focaccia

Suppli di Riso €9.00
fried balls of rice with crab & mozzarella cheese, lemon salsa verdi

Bruschetta al Commodore €10.50
toasted Italian bread topped with plum tomato, roasted peppers olive oil & basil

Insalata Caprese €9.50
heirloom tomato & toonbridge farm mozzarella, extra virgin olive oil & basil leaves

Insalata verdi di pere, noci e gorgonzola €10.00
green salad of pear, walnut & gorgonzola cheese

Capriccio della brossala €10.00
dry salted beef with extra virgin olive oil, rocket, lemon & parmesan shavings

Calamari fritti €10.00
deep fried calamari sauté garlic & olive oil sauce, aubergine chips

Cozze alla siciliana €9.50
sauté mussels with balsamic shallots, pancetta & wine

Zuppe - Soup

Cacciucco Tuscan Seafood Stew €8.50
mussels, prawns, white fish seasonal vegetables & white beans

Zuppa di Minestrone €7.00
diced seasonal vegetables, pasta & herbs, tomato based soup

Primi- Pasta

	Small Portion	Full Portion
Penne all' Arrabiata tomato & basil sauce, crushed chilli, garlic, extra virgin olive oil	€7.95	€12.00
Spaghetti alla Carbonara spaghetti with italian style carbonara, pancetta, white wine, eggs, parmesan cheese	€9.50	€14.00
Pappardelle Piccanti chorizo sausages, smoked garlic, red chilli & corrainder cream	€9.50	€14.00
Linguine ai Frutti Di Mare clams, mussels, tiger prawns, sword fish, garlic, chilli, white wine & tomato sauce	€9.50	€14.00
Gnocchi Con Porcini e Pomodoni Secchi gnocchi pasta with porcini mushrooms, sundried tomatoes sauce	€9.50	€14.00

Secondi - Main Course

Carne-Meat (All steaks are chargrilled)

Bistecca Con l'osso bone in rib eye steak (14oz - 396g)	€29.95
Bistecca Di Manzo sirloin steak (8oz - 226g)	€24.95
Filetto Fillet Steak (8oz - 207g)	€26.95
Filetto Di Carne e Gamberi-Surf & Turf beef fillet (5oz-141g) & fried garlic tiger prawns	€25.95

All of the above steaks served with chips & roast seasonal vegetables served with a choice of one sauce: green pepper & brandy cream, tomato & garlic butter, mushroom white wine bacon cream

Agnello Arrosto Delle Colline Di Kerry €21.00
pan roast chump of Kerry hill lamb, celeriac puree, pickled beetroot & thyme jus

Filetto Di Maiale Avvolto €19.00
grilled pork fillet rocket, pea shoot, warm potato salad & red pepper sauce

Supreme Dipollo Con Formaggio Di Capra €16.50
supreme of chicken stuffed with goats cheese & sage, rosemary & sundried tomato ragu

Osso Buco €23.00
braised veal shank, tomato, herbs, saffron risotto & parmesan

Pesce - Fish

Salmone avvolto in proscuitto di parma frutti di mare €18.50
grilled salmon wrapped in parma ham in garlic butter & shellfish sauce

Pesce spade alla griglia €19.00
grilled sword fish, aubergine & pinenut compota, tomato butter

Lento cotto merluzzo €18.00
cod with potatoes, black olives, fried anchovies & olive oil

Risotto al Gamberetti €17.00
prawn risotto

Contorni - Side Orders

Insalata Mista €4.00
mixed side salad

Verdure al Forno €4.00
roast seasonal vegetables

Rucola €4.00
rocket & parmesan salad

Patatine Fritte €4.00
chips with aged balsamic vinegar & sea salt on side

Patate Arrosto Rosmarino e Aglio €4.00
rosemary & garlic roasted potatoes

Pizza

Romana — €12.95
black olives, anchovies & capers, tomato sauce
& buffalo mozzarella

Ai Funghi — €12.95
portobello & oyster mushrooms, tomato sauce & mozzarella

Sorrentina — €13.50
Italian salami, tomato sauce, caramelised red onion,
goat's cheese & sundried tomatoes

Amalfi — €13.95
garlic prawns, tomato sauce, fresh chilli & cori&er, olive oil

Calzone — €13.95
spinach & ricotta, crisp pancetta, mushroom, tomato sauce
– folded pizza

Taormina — €13.95
buffalo mozzarella cheese, cherry tomatoes, rocket leaves,
parma ham, shaved parmesan & olive oil

Calabrese — €11.50
smoked chicken, chorizo, tomato sauce, mozzarella
& crumbled feta, rosemary oil

Corleone — €13.95
tomato sauce, onions, fresh tomato, tuna & artichokes

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