Merrow

Lunch

Seafood Chowder + Brown Bread 7.5 (1,4,6,12,14)Aubergine Cream on Sourdough w/ Pink Radish + Pomegranate (1) Add Toonsbridge Halloumi (+2)Bacon + Cheese Sourdough Melt w/ Wild Garlic + Watercress Salad (14.5.10) 8 Labneh Salad w/ Broccoli, Buckwheat + **Almonds** 10 (2.4.10)Summer Bowl w/ Crushed Chickpeas + Kale + Crunchy Vegetables + Crispy Onion + Curry Mayo (1)

Andarl Farm Pulled Pork w/ Vegetable Noodles + Soft Boiled Egg + Herby Broth (5) 12

Fish Skewers w/ Bulgar Wheat + Cabbage + Quinoa Salad + Herb Aoili (1,4,5,6)**12**

Steak Burger w/ Sweet Potato Fries + Slaw (1,4,5,10,11) **12.5**

Child portions available Any Allergies? 1.Gluten 2. Nuts 3. Peanuts 4.Milk 5.Eggs 6.Fish 7.Shellfish 8.Soybeans 9.Mollusc 10.Mustard 11.Sesame Seeds 12.SulphurDioxide 13.Lupin 14.Celery

All our meats are 100% Irish