

# Breakfast Menu

### **Buffet** We invite you to help yourself to any of the following:

#### Selection of Irish & local Artisan Cheeses

Baked Loin of Ham with Mustard and Honey Glaze

Duncannon Smoked Salmon

Choice of Juices: Fresh Orange, Fresh Grapefruit, Cranberry Juice, Prune Juice & Ballycross Apple Juice

Locally produced Killowen Natural Yogurt

Compote of Wexford Berries, Prunes

Stewed Apple and Rhubarb

Homemade Breads, Scones & Homemade Preserves

Selection of Cereals, Nuts, Bran, Wheat Germ, Homemade Granola & Killowen Yogurt Pots

Honeycomb from our neighbours Samuel & Maurice Allen

Chilled Soya, Rice & Almond Milk on request

#### To see a selection of tea that Marlfield has to offer, please ask your waiter for the House of Tea Menu

If you are travelling today, please ask at reception if you would like a take away juice or coffee. You can also purchase homemade Bread, Scones, Marmalade, Chutneys & Jams at reception

We would kindly ask our staying guest to reserve a table for dinner at reception and to let us know if you are not dining with us.

Please see reception for information on trails, excursions, activities & daytrips.



## From The Kitchen

*As we prepare everything to order a short delay may sometimes be inevitable.* For allergen information please ask your server

Oatmeal Porridge made with milk, water, soya, rice or almond milk

#### Marlfield House Full Irish Breakfast

Free Range Eggs- as you like them poached, boiled, fried or scrambled With local Crispy Bacon & Sausages, Sautéed Mushrooms, Tomato, Black & White Pudding

#### **Eggs Benedict**

Double Poached Free-Range Eggs with Baked Ham, Smoked Salmon or Spinach on Toasted Muffin, Hollandaise Sauce

**Double Poached** Free-Range Eggs with Avocado on Toasted Sourdough Bread, Virgin Olive Oil, Vine Tomatoes

Scrambled Free Range Eggs with Smoked Salmon served on Toast

Creamy Mushrooms on Toast served with Sautéed Spinach & Poached Free-Range Eggs

Tomato, Mushroom, Bacon & Cheddar Cheese Omelette or an Omelette of your choice

#### **French** Toast

With Maple Syrup & Crispy Bacon or Smoked Salmon, Cream Cheese, Chives & Lemon

#### Pancakes

Traditional Pancakes with Bacon & Maple Syrup or Lemon & Sugar

American Style Pancakes with Bacon & Maple syrup or Natural yogurt & Mixed beries compote

As all our dishes are prepared to order, a short delay between courses is sometimes inevitable. If you would like something more simply prepared, we would be happy to do that for you. Guests are respectfully asked to ensure their mobile phones are switched off while in the public rooms

#### Marlfield House Suppliers

Free Range Eggs – from our neighbours Samuel & Maurice Allen Dairy – Killowen Farm Co. Wexford & Wexford Creamery Vegetables – our Garden & Cullen's, Co. Wexford Sausages, Bacon & Pudding – O'Neils, Co. Wexford Smoked Salmon – Duncannon, Co. Wexford Jams, Marmalades, Compotes, Chutneys & Bread are made in the house Some of the Friuts & all of the Rhubarb is from our Kitchen Garden Summer Berries from Greens Berry, Gorey

