Soft Drinks

Bottled water	€ 3.00
Still or sparkling	
Fentimans Curiosity Cola Cherry Cola Ginger Beer	€ 3.00
Sparkling Elderflower Pink Lemonade	
San Pellegrino Lemonades	€ 3.00
Lemon Lemon & Mint Orange Grapefruit	
Other soft drinks seasonal cordials wines &	beers avaiable

Coffees

	Single	Tall	Double	Allergens
Espresso	€ 2.10		€ 2.60	
Espresso con panna	€ 2.70		€ 3.20	d
Machiatto	€ 2.40		€ 2.90	d
Flat white			€ 3.00	d
Americano	€ 2.30	€ 2.40	€ 2.80	
White coffee	€ 2.40	€ 2.50	€ 2.90	d
Latte	€ 2.70	€ 3.00	€ 3.20	d
Cappuccino	€ 2.80	€ 3.00	€ 3.30	d
Moccha	€ 3.10	€ 3.30	€ 3.80	d
Extra shot of espresso	€ 0.70			
Alternative milk Organic Oat, Organic Soya,	Coconu		€ 0.20	

Teas and Infusions

D INFUSIONS.
€ 2.80
€ 2.30

Hot Chocolate & Other Hot Drinks

Our delicious Hot Chocolate is made wi and 40% cocoa with natural vanilla.		
Real hot chocolate Add fresh cream and/or marshmallows and chocolate sauce	€ 3.00 € 0.70	d d
Chai latte	€ 3.00	d
Kids hot chocolate	€ 2.20	d
not quite so big or rich, sprinkled with marshmallows		
Babyccino small cup of frothed warm milk sprinkled with choco	€ 1.50 late	d



BREAKFAST & LUNCH **MENU**

BOOKINGS

bookingsostaw8 @ gmail.com + 353 (0)71 985 630 OSTA W8 CENTRE Church Ln, Manorhamilton Co. Leitrim, Ireland WWW.W8CENTRE.IE/EAT

Breakfast Served until midday.

Breakfast Bowl

Greek yoghurt and granola topped with cinnamon infused berries. (g, m, n, d)

Toastie

€5.50

€4.75

Andarl bacon and mature cheddar cheese toastie (d, g, sd)

Leitrim Breakfast

€11.50

Andarl Farm sausages and bacon with free range egg, McNiffe's boxty, mushrooms and beans. Served with sourdough ciabatta or homemade brown bread. (g, e, sd)

Meatless Breakfast

Homemade falafel, McNiffe's boxty, mushrooms, tomato, spinach and free range egg. (g, e)

Breakfast Omlette

€7.50

€10.50

3 Bluebell Farm organic eggs with mushrooms, tomatoes, Spinach and relish (e)

Bluebell Farm Organic Eggs

Two poached eggs on toasted ciabatta. (e, g, d)

with spinach	€5.95
with smoked salmon (f)	€7.95
with bacon (sd)	€6.95

Buttermilk Pancakes (g e, d)

with lemon and sugar	€5.50
with crispy Andarl bacon (sd) and Highbank Orchard syrup or maple syrup	€7.50
with cinnamon infused berries and Greek style yoghurt	€6.95
with homemade banana jam, chocolate sauce and whipped cream	€6.50

Lunch

Soups

Soup of the day with homemade brown bread [gf]	€5.00
Atlantic fish chowder with homemade brown bread (gf)	€7.95
Sandwiches - (cold or toasted) Toasted ham and cheese sandwich on white sourdough bread (d, g, sd)	€5.50
Lebanese falafel with homemade hummus, tomato lime salsa and mixed leaves in toasted sourdough ciabatta (d, mu, cr, s)	€7.50
Add a cup of soup or triple fried chips	€2.00

Bigger Bites

Fancy a salad? Why not skip the bread or chips and have tossed green salad instead!

Buttermilk chicken in a sourdough €11.50 rye bap with Asian slaw and side of triple cooked chips (g,e,d)

Steak sandwich with sautéed €15.95 mushrooms and onions on toasted ciabatta. Served with side of triple cooked chips and peppercorn sauce (g, d)

Tempura cod and chips with	€14.95
tartare sauce (f,g,e,d)	

Make sure to ask about our daily hot specials!

Allergens: Please note that we bake with nuts and ground almonds in our kitchen and therfore can't guarantee the absence of nuts in our dishes.

Allergen List:	Gluten: g	Milk/dairy: d	Egg: e	Nuts: n
Sesame: s	Mustard: mu	Peanuts: p	Crustaceans: cr	Molluscs: mo
Soya: soy	Celery: ce	Fish: f	Lupin: l	Sulphur Dioxide: sd
GF: Gluten Free	2	DF: Dairy Free		