



Breakfast

AVAILABLE
MON-FRIDAY
8.30-12.00

Homemade Scone

3.2

Choice of berry or plain scone, served with homemade raspberry & chia jam^{1,2,3}

Pao de queijo GF

4.0

two warm Brazillian gluten-free cheese bread served with butter or cream cheese^{2,3}

Granola & yogurt bowl GF

6.7

Greek yogurt, organic GF oats, seeds, nuts & spices topped with fresh black berries and baked apple compote^{3, 4, 7, 8, 12}

*Gluten free option available
GF Gluten free
V Vegan

Scrambled eggs on toast *

8.5

Scrambled eggs on toasted sourdough with house cashewnut chilli crisp & spring onions^{1,2,3,7,13}

Breakfast burrito *

9.7

crispy potatoes, cheesy scrambled eggs, avocado, fermented hot sauce, jalapeños, pickled onion & lime yogurt. **Vegan option with black bean & cashew lime crema +050**^{1,2,3,12}

Avocado cashew lime butter * V

11.5

toasted FireHouse sourdough, cashew lime butter, smashed avocado, dressed leaves, tamari seeds, coriander & fresh sprouts add fried or pouched egg +1.5^{1,7,12,13,15}

PASTRIES

3.0

Butter croissant . Pain au chocolat . Almond croissant

^{1,2,3,4}

VEGAN TREATS

Cranberry & almond bliss ball⁴ 2.5

Sea salt choc chip cookie^{1,15} 2.7

FLOURLESS CAKES

Almond or Pistachio Friand^{2,3,4,5} 3.5

Chocolate torte^{2,3,4,5,13,16} 4.7

Cherry Pistachio cake^{2,3,4,5} 4.7

Allergens: 1. Gluten 2. Eggs 3. Milk 4. Almonds 5. Pistachios 6. Peanuts 7. Cashew nut 8. Walnut
9. Hazelnut 10. Pine nut 11. Celery 12. Sesame seeds 13. Sulphites 14. Mustard 15. Soya 16. Lupin

GF: Made with Gluten-free ingredients, however we do use gluten in our kitchen so cannot guarantee no trace of gluten

Drinks

COFFEE

Espresso	2.0 / 2.5
Macchiato	2.5 / 3.0
Americano	3.0
Flat white	3.2
Latte / Cappuccino	3.3
Mocha	3.9
Iced Americano	3.1
Iced Latte / Iced Chai Latte	4.0
Iced Mocha / Frappuccino	4.0

Oat . Almond . Coconut milk +50c

House Vanilla or Caramel syrup +10c

HOT CHOCOLATE

Milk hot chocolate	3.9
Vegan hot chocolate	4.2

Both made with 70% Belgium choc drops

TEA / CHAI / MATCHA

Pot of tea	3.2
Matcha tea	3.3
Turmeric latte	3.7
Matcha/Chai latte	3.7
Wall & Keogh herbal tea	3.5

Earl Grey Rooibos Mint Lemon&Ginger

Unicorn tears Rooibos Sencha Green

FOR CHILDREN

Babachino	2.0
Hot chocolate	2.8
Pip's apple / mango smoothie	2.5

VEGAN SMOOTHIES

5.50

Mixed berry & banana

with orange juice &
coconut milk

Spinach boost

with passion fruit, pineapple, lime
ginger & almond milk

Tropical turmeric

with mango, pineapple, lime,
orange & coconut milk

RAW JUICES 3.5

Orange
Grapefruit
Apple, pineapple & ginger

WATER

Still water	2.5
Sparkling 500ml SanPelligrino	3.0
Sparkling 750ml Fior Uisce	4.0

SOFT DRINKS 3.5

Con's Apple juice	
Con's Sparkling apple juice	
Con's Lemonade/Pink lemonade	
Whole Earth Cranberry	
Whole Earth Ginger	
All about Kombucha	4.2
Organic Raspberry	
Organic Ginger & Lemon	