

Breakfast Menu

(Available Until 12 midday)

Vegan Friendly porridge €8.00

Almond milk, Warm Forest Berries, Fruit Compote, Chia seeds & Coconut 1,8, 16, 20

Full West Cork Breakfast €14.50

2 x Sausages, 2 x Bacon, 3 x Pudding, Potatoes, Beans, 2 x Eggs

Served with fresh Toast, Home Made Brown Treacle Soda Bread 1, 3, 7, 10, 12

Half West Cork Breakfast €12.00

Sausage, Bacon, 2 x Pudding, Beans & Egg

served with a choice of Toast or Home-Made Treacle Brown Bread 1, 3, 7, 10, 12

Gluten Free Breakfast €16.00

2 x Sausages, 2 x Bacon, 2 x Eggs, 4 x Pudding, Beans, Fries & Tomato

Served with Toasted Gluten Free Bread 3, 7, 10

Poached O'Connors West Cork Eggs €12.50

Toasted White Soda Bread, Avocado, Siracha or Bearnaise Sauce 1,3,7

Creamy Scrambled Egg €11

Fields Toast & Cork butter 1, 3, 7

Omelette €13.50

Smoked Sun-dried tomato, baby leaf spinach, crumbled goats cheese,

seasonal salad & Treacle Soda Bread 1, 3, 7, 12

Buttermilk Pancakes 1, 3, 7

With Chocolate & Nutella €11 / With Berry Compote & Cream €11

Smoked Streaky Bacon and Maple syrup €13

Extras

Sauteed Mushrooms €2 Roasted Vine Tomato €1.50

Potatoes €2.50 Fries €5.00

Please tell your server of all allergen & dietary requirements when ordering

All our beef is 100% Irish
Gluten free must be requested

Allergen Information:

1.Cereals Containing Gluten 2.Crustaceans 3.Egg 4.Fish 5.Peanuts 6.Soya beans 7.Milk/Dairy 8.Nuts
9.Celery 10.Mustard 11.Sesame Seeds 12.Sulphur Dioxide 13.Lupin
14.Molluscs 15.Hazelnut 16.Almond 17.Walnut 18.Brasil nut 19.Pine nut 20.Coconut



Wild Garlic



To Begin

Soup of The Day

See menu board

West Cork Creamy Seafood Chowder €9.00

Served with our In House Treacle Soda Bread 1, 9, 4

Flash Fried Cajun Calamari

Sweet Chilli, Lime & Coriander dip with Tossed Salad 1,3, 4, 7, 11, 14

Starter €9.00 Main €15.00

Steamed South West Fresh Mussels

Sweet Cider, Honey & Wild Rosemary Broth 1,2,4,7,11,14

Starter €12.50.00 Main €19.50

Something Substantial

Southern Crumbed Chicken Goujons €17.00

Roasted Garlic Aioli, Seasonal Salad & Sea Salted Fries 1, 3, 7,9,10

Beer Battered Haddock €18.50

Garden Pea & Herb Puree, Salad, Sea Salted Fries & Tartar 1, 3, 4, 7, 10, 12

Loaded Caherbeg Beef Burger €18

Black Pudding, Smoked Bacon, Jalapeño Relish

& Cashel Blue, Brioche Bun, Fries & Salad 1, 3, 7, 10, 12

Home Made Wild Atlantic Way Prawn Scampi €19.50

Parmesan & Truffle Aioli, Seasonal Salad & Sea Salted Fries 1, 2, 3, 7, 12

Traditional Beef Cottage Pie €17.50

Cheesy Mash Potato Crust with Salad or Vegetables 7, 9, 12

House Red Thai Curry, Turmeric & Coconut Rice, Sea Salted Fries

Mixed Bean & Spinach €16.50 / Shredded Chicken €17.50 / Mixed Seafood &

Prawns €18.50 2, 4, 6, 9, 11, 12

Lunch Menu 12-15:30

Wild Garlic Signature Salad Bowls & Sandwiches:

Green Bean, Red Onion & Lime Pickle Salad

Crushed walnut with Tossed Mixed Leaves

Warmed Goats Cheese €14 / Warmed Shredded Chicken €16

Oak Smoked Salmon €18 6, 7, 11, 12, 17

Classic Toastie with Honey & clove baked Ham, Vine tomato, Red onion

with tomato relish & red cheddar €8.50

Add Salad or Fries €10.00 Add Salad & Fries €13.00 1,3, 7,10

Po Boy Baguette €16

West Cork Southern Crumbled Haddock Goujons, Mango Aioli, Pickled

Cucumber & Slaw, served in a crunchy rustic Ciabatta with seasonal salad

& fries 1, 3, 7, 9, 12

Chicken Tortilla Wrap €14.00

Shredded Chicken, Onion & Thyme Stuffing, Roasted Curry Aioli & Grated

Mozzarella Wrap (Toasted or Chilled) Served with Seasonal Salad & Sea

Salted Fries 1, 3, 7, 9, 12

Kids Menu

Baby Bowl - Mash Potato with Soup Or Gravy €4.00 7, 9, 12

Home Made Chicken Goujons With Fries €8.50 1, 3, 7

Sausages, Mash Potato And Gravy €8.00 1, 7, 9, 10, 12

Southern Crumbed Haddock Goujons with Fries & Lemon €8.50

1, 3, 4, 7, 9, 10

Side Dishes

Buttered Mash Potato 7, 12 €5.00

Sea Salted Fries 12 €5.00

Parmesan And Truffle Aioli Fries 12,3,7,10 €7.50

Seasonal Salad 9, 10 €5.00

Vegetables 7,9 €5.00

Dips €2.00

Sweet Chilli, Pepper Sauce,

Garlic Mayo, Gravy, Satay Sauce

A true taste of West Cork