



## THE LANSDOWNE KENMARE

# BREAKFAST MENU

Open 7 days 8.00am – 11.00am

### TO BEGIN

**Flahavan's Finest Porridge Oats** 9  
*Flahavan's Porridge topped with Stewed Rhubarb with a Hint of Cinnamon and Local Honey*

**Gaelic Porridge** 14.5  
*Flahavan's Porridge topped with West Cork Black Cask Irish Whiskey (contains alcohol), Fresh Cream and Brown Sugar*

**Homemade Nut and Maple Granola** 9  
*Crunchy Homemade Granole with Stewed Rhubarb and a side of Killowen Natural Yogurt*

### FROM THE COUNTER

**Toast Board** 5.5  
*Served with Wexford Preserves Marmalade and Butter (White or Heir Island Brown bread)*

**Fruit or Plain Scone** 4.5  
*Served with Wexford Preserves Strawberry Jam and Fresh Cream*

*Vegan and Gluten Free options available – please ask your server*



Scan for allergen information



Follow us on Instagram @lansdownekenmare

### THE MAIN EVENT

**The Hearty Full Irish** 15  
*Dempsey's Free-Range Bacon and Sausages, Fried Forest Farm Waterville Eggs, Sneem Black Pudding, Sautéed Baby Potatoes*

**The Mini Irish** 12.5  
*Dempsey's Free-Range Bacon and Sausage, Fried Forest Farm Waterville Egg, Sneem Black Pudding*

**Buttermilk Pancakes** 14.5  
*Buttermilk Pancakes, Served with Chocolate Sauce OR Mixed Berry Coulis OR Maple Syrup and Bacon*

**The Lansdowne Omelette** 12  
*Forest Farm Waterville Eggs, Cherry Tomatoes, Sautéed Mushrooms and Fresh Spinach*

**Beetroot Hummus** 14.5  
*Homemade Roasted Beetroot Hummus on Toasted Sourdough, topped with Rocket Leaves, Forest Farm Waterville Poached Eggs and Homemade Basil Pesto*

**Salmon Gravlax** 16  
*Cured in our signature blend of fresh herbs and citrus zest Crème fraîche served on Heir Island Brown Bread and Poached Eggs*

*Please note: Modifications and Substitutions can cause delay*

